



**SCHOOL AND COLLEGE
EXPERIENCES**

TAKE **LEARNING** OUTSIDE OF THE CLASSROOM

Here at The Playground we are passionate about inspiring & motivating pupils/students of all ages (7+) at our 1km long, 30 obstacle outdoor assault course!

Whilst having fun in the fresh air, our sessions help all those involved to improve their inter-personal, communication & problem-solving skills, all within a professional, safe environment.

All participants leave The Playground with a huge sense of achievement. The mud will – eventually! - wash off, but the memories will last a lifetime!





EDUCATION MEETS

ADVENTURE

PROFESSIONAL

All of our staff are fully trained to ensure your experience with us is safe and in line with our systems and processes.

LEARNING

Our sessions help to teach participants teamwork, trust, communication skills and imbue them with a sense of camaraderie.

ACTIVE

Whether it's under, over or through an obstacle, each participant will be mobilised in both body and mind, elevating metabolism levels and releasing endorphins - the happy hormones!

YOU

Each session is personalised to the requirements of each school/college, as well as being adaptable to the needs of individual pupils/students.

CREATING A **SAFE** ENVIRONMENT

Safety of our participants & visitors is the number one priority here at The Playground. The term 'assault course' can sometimes sound daunting but our rigorous and robust safety systems and processes ensure there is minimal risk.

When making a booking we will always provide you with our up to date in-depth risk assessment, waiver forms (to be completed by all participants) and a copy of our public liability insurance certificate.

We have designed our course to minimise risk and maximise safety! In addition, all of our obstacles are 'optional' so there's no pressure from us to complete anything that participants feel is beyond their capabilities. Our policy is 'challenge by choice'!

Each session will include at least one First Aid at Work qualified Playmaker. All staff have completed our in-house training programme to ensure they meet the high standards expected to deliver our activities.





ASSAULT COURSE

VENUES & FACILITIES

THE PLAYGROUND HAS TWO AWESOME LOCATIONS TO CHOOSE FROM

BURY ST EDMUNDS

HAYSBORDER ROAD

BARROW

SUFFOLK

IP29 5BE

CAMBRIDGE

WATERBEACH BARRACKS

WATERBEACH

CAMBRIDGEESHIRE

CB25 9PA

All of our venues have the following onsite facilities;

Free car and coach parking

Toilets

Hot showers (Cambridge only)

Changing rooms

Outdoor spectator seating areas

Indoor function room (Bury St Edmunds only)

Hot drinks, cold drinks & ice creams for sale

AN OVERVIEW OF **YOUR PLAYTIME!**

ARRIVAL

Your Playmakers will meet and greet staff and pupils/students on arrival and direct you to your base for the duration of the session, where you can leave bags and valuables etc. We will also direct everyone to the toilets and changing rooms. All staff will be welcomed with a complimentary hot drink!

WELCOME AND SAFETY BRIEFING

Our Playmaker/s will introduce themselves before delivering a safety brief to cover all pertinent points relating to general course etiquette as well as specific instructions for certain obstacles.

DEMONSTRATION & WARM UP

Once the Playmaker/s have demonstrated correct dismount technique using our 'demo wall', they will then engage all participants in a warm up, to ensure everyone is physically ready to take on the course!



FAMILIARISATION LAP

You will then be guided around all 30 obstacles, under the watchful eye of the Playmaker/s who will advise and demonstrate best techniques where required!

FUN CHALLENGES

After a quick drinks break, everyone will be split into smaller teams and set a variety of tantalising team-building tasks to tackle, such as 'Hang Tough', 'Tyre Flips' and 'Hi-Speed Slide'!

MUDDY DITCH!

The best bit! Mud + muddy water = maximum fun!

DE-BRIEF AND DE-MUD!

Everyone will then re-group and take a moment to reflect on the achievements, stand-out moments & lessons learnt during the session. This is also the perfect opportunity to grab a group photo! Our 'luxury showers' are then available to wash the worst of the mud off!

DEPARTURE

After all participants have changed into clean clothes & footwear, Playmaker's will hand-out souvenir wristbands & certificates (if selected) and ensure that everyone leaves safely.



A PACKAGE TAILORED TO YOU

The Playground is the perfect venue for the following;

Start of academic year 'team-building' activities
Summer Term enrichment/activity days
End of academic year celebration sessions

Whether you are looking to visit for a morning or a multi-day activity experience, from just 10 participants to an entire school, we can create the perfect package for you.

We have 3 session lengths available so you can choose how long you would like...

Prices for 10+ pupils:
90 Minutes: £14 per pupil
2 Hours: £18 per pupil
2.5 Hours: £22 per pupil
(Other session durations available upon request)

For an extra £2 per person they will receive a wristband and certificate to take away as souvenirs.

Teaching/support staff are welcome to take part free of charge, or shadow the pupils around the course, providing encouragement and taking photos.





REQUEST **OR** RESERVE

If you require more information then please contact us using one of the options below!

If you'd like to reserve a session then please let us know what date/time you have in mind and we can provisionally reserve it in our diary!

We then just require a £100 deposit to secure the booking, with the remainder payable via BACS prior to the session commencing.

Once the booking is secure we will forward copies of waiver forms, risk assessment & PLI certificate.

WEBSITE

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